

SERMON NOTES "Handling Stress"

John 16:33; Psalm 34:19

Two Main Culprits (Psalm 62:5-10)

- _____ . (Daniel 5:25-28)
- _____ . (1 Timothy 6:6-10)

Find Rest (Jeremiah 6:16)

1. Live with a sense of _____ and _____ .
(Psalm 39:4-5; Matt 13:44)

2. Put _____ first. (Psalm 90:12; Matt 6:33)

3. Keep my _____ .
(2Corinthians 4:16-18; John 14:1-2)

Jesus offers more than a better _____ .

He offers a better _____ .

Psalm 62:5-6 "Yes, my soul, find rest in God; my hope comes from him. Truly he is my rock and my salvation; he is my fortress, I will not be shaken."



Ashland Church of the Nazarene

Know God – Find Freedom – Discover Purpose – Make a Difference

www.ashlandnaz.org

facebook.com/ashlandnaz

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Welcome

Sunday July 10, 2022

2 Corinthians 4:17-18 "For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal."

News & Announcements

Online Outreach

Our church has joined an outreach network, responding to those seeking Jesus, online. We are looking for a team of volunteers for this ministry. See sign-up sheet in the back if you are interested.

Reminders this week

July 10-16, 2022

- Board Meeting Mon. @ 6:30PM
- NYIGNITE Wed. @ 6:30PM
- Due to Family Camp, No Adult Bible Study Wed

Sunday School

Every Sunday @ 9:30AM

Sunday School is offered to all ages and begins at 9:30am, every Sunday morning in the fellowship hall and children's wing. We have two adult studies, a teen study, and age appropriate youth studies.

Wednesday Study

Resumes July 20, 2022 @ 6:30PM

Join us in the Fellowship Hall at 6:30PM as we study, "Basic: We are Church" by Francis Chan. In this study, Francis Chan explores foundational truths of the Christian faith.

You Asked For It

We are continuing a six-week series covering the topics you wanted to hear most. Here's what's coming up next:

- July 17: Injustice
- July 24: Getting out of a Rut
- July 31: Depression

NCO Family Camp/Assembly

THIS WEEK! July 13-16, 2022

Check in: Wed. 1-7PM

NYI/NMI Convention: Fri. 9AM-Noon

SDMI Convention: Fri. 1:30-3:30PM

District Assembly: Sat. 9AM-Noon

Ordination Service: Sat. 2-3:30PM

All other details can be found on the fliers at the back table and in the foyer.

Who We Are

The mission of the Church of the Nazarene is to make Christ-like disciples in the nations.



a CHRISTIAN people



a HOLINESS people



a MISSIONAL people

Visit <https://nazarene.org/core-values> to read more about our statement of beliefs, core values, and articles of faith.

Ministries



Mondays @ 9:30 AM

Location: 1198 Twp Rd 1426, Ashland



First Saturday of the Month
7:30 AM @ the Church



NAZARENE YOUTH | LUKE 24:32

Wednesdays 6:30 PM @ the Church



Sunday School/Children's Church



Sundays 9:30 AM @ the Church



Wednesdays @ 6:30 PM
in the Church Fellowship Hall